



Charnock Ridgeway Football Club
COVID-19 Risk Assessment for Training

28/3/2021 – (To be reviewed on 12/04/2021 or on advice from FA/Government if before)

Location of Activity	Lightwood Fields, At side of 84, Bowman Drive, Sheffield – S12 3LH	Type of Activity	Football Training and Matches
Manager / Coach / Activity Leader			

Hazard / Concern	Detailed Risk	Actions to mitigate risks
Safeguarding and FA Guidelines	1. FA Guidelines published on 24/03/2021.	<ol style="list-style-type: none"> 1. Football training/games/matches in groups of no more than thirty (including coaches). 2. Warmups and cool downs should be socially distanced. 3. No spitting or chewing gum. 4. Physical contact is not permitted with anyone not from the same household, when not playing or actively training. So, keep to 2m social distancing when not playing or actively training (if space limited when Away, 1-2m). 5. Avoid meeting in groups of six in busy or overcrowded areas if it is so busy that it is not possible to maintain social distancing. 6. Strict hand washing and hygiene measures must be in place with any equipment.
Parental / Carer Consent for Child to Participate	1. FA guidelines state that consent must be gained from Parents/Carers.	<ol style="list-style-type: none"> 1. Before training/matches the parent/carer will be able to see the Club Covid-19 Risk Assessment and the Training/ Match Guidance on TeamApp 'Documents' (this includes responsibilities of coach, parent/carer and player). If the match is away the Coach will either post a copy of the away team's Risk Assessment and Training/Match Guidance on the team's TeamApp or Email it to parents. If the Child is not registered the Coach will need to Email these to the parent/carer. 2. The parent/carer must give consent for their child to train/play a match and confirm that they have read the Risk Assessment and Training Guidance. To do this, it is done through your teams TeamApp 'Schedule' prior to the day of the training or match, By saying YES to attendance you

		<p>will be giving consent for your child to take part and agreeing to the Risk Assessment and Training Guidance. If the child is not registered the Coach must get this by email or in writing.</p> <ol style="list-style-type: none"> On the day of the Training/Match, before arriving the parent/carer must go through the 'Self screen checklist' (for the child and the adult accompanying them) and inform the Coach it has been done and they are OK to attend (Do this on your Teams TeamApp 'Schedule'). If child not registered do this by email or in writing. Any player that does not have consent, for either, will not be allowed to train or play and will be asked to leave. Parent/carer consent must be obtained for every session/match before their child attends. The record of consent on TeamApp must be kept for records and NHS Test and Trace.
Location	<ol style="list-style-type: none"> Is there sufficient space to accommodate all players, coaches and parent/carer? How will the training area be identified to ensure only players and coach can enter? 	<ol style="list-style-type: none"> Coach to attend in plenty of time to prepare the area (allocated in advance by the club) and ensure there is plenty of space for all participants and parent/carers. If on arrival the area is crowded with other people, and social distancing cannot be maintained then the activity should not go ahead until there is sufficient space. Before Session/Match the Coach must ensure total numbers do not exceed 30 (this number includes coaches as well as children) The coach(s) must clearly mark out the following areas using either cones or rope (i.e. respect barrier): <ol style="list-style-type: none"> 'Safe area' for each player and coach when warming up and cooling down and awaiting training/match to begin. The 'safe area' for players and coach must be sufficient size to allow the activity to be conducted safely and storage of personal effects and equipment. There should be minimum 2m between 'Safe areas' in all directions. An area for additional adult and parents/carers to be identified (use cones if necessary): <ol style="list-style-type: none"> This area needs to be within sight of the group but a 'significant' distance to ensure not part of the training group. This could be a designated area with sufficient space for each adult to maintain minimum 2m distance. Individual spectator area must be a significant distance from any other spectator area. Spectators should still maintain social distancing. The complete training area must be easily identified, with either barriers and/or signage to prevent members of public accidentally entering the area. The parent/carer should be from the same household (remember a parent who has a child that lives in a different house is classed as the same household for that child) or in their support bubble of the player they are accompanying, only one adult per player / household should attend (any problems contact your coach/manager). Spectators are not allowed.
Arrival / Departure	<ol style="list-style-type: none"> How will social distancing be maintained as participants arrive and depart? 	<ol style="list-style-type: none"> Strict start and end times – players and parent/carers must not arrive early before a session or leave late at the end of a session.

	<ol style="list-style-type: none"> 2. How will social distancing be maintained between sessions? 3. Travelling to training/matches. 	<ol style="list-style-type: none"> 2. When walking up to the pitches and back down keep to the left and respect others distance when using steps or entry from path to field. 3. A minimum of 15 minutes between sessions to ensure participants departing have left the area and car park before the next session arrives. 4. On arrival and prior to every session, the players must be reminded about regular hand washing, cleaning of equipment and maintaining minimum 2m distance. 5. Away Teams to park on the road. 6. Adults and children should only travel with a member of their household or someone within their support bubble. 7. On arrival all adults must scan the QR code. If not able to, the manager/coach make a written record (to be destroyed after 21 days).
Equipment	<ol style="list-style-type: none"> 1. How will hygiene of equipment be maintained? 	<ol style="list-style-type: none"> 1. Players must bring their own football where possible. 2. Minimal equipment to be used. 3. Sharing of equipment must be avoided – eg bibs, water bottles etc. 4. All players must bring their own hand gel – however, there will be some on site.. 5. Thoroughly clean the equipment before and after each session e.g. balls, cones, goalposts, etc.;; – Bibs should not be used unless they can be washed between sessions.
Social Distancing	<ol style="list-style-type: none"> 1. Coaches 2. Players 3. Parent/Carers 	<ol style="list-style-type: none"> 1. All attendees, coaches, club officials, volunteers, parents/carers, players and any members of the public must always maintain minimum 2m distance from anyone not in their household. 2. This includes: <ol style="list-style-type: none"> a. Arrival b. Walking to and from car park c. Departure d. During sessions 3. It will be the responsibility of everyone to maintain social distancing, but the coach and any club officials present need to take overall control. 4. If a member of the public enters the training area, then the activity must cease and they must be asked to leave the area, immediately. If there are any difficulties with them leaving the area, then the activity must cease, and the players must return to their parent/carer. 5. A minimum of 2m distance between households MUST always be maintained. 6. A minimum distance of any household MUST be maintained at all time. 7. If necessary, put a cone out for each household to stand by to ensure they are aware of distance expected.
Hand washing & Refreshment	<ol style="list-style-type: none"> 1. What facilities are there for regular handwashing? 2. Food 3. Face to face fundraising 	<ol style="list-style-type: none"> 1. All players to bring their own hand gel (labelled) to sanitise their hands before and after the session as a minimum, and during the session especially when having a snack. 2. Participants (coach and players) must bring their own hand sanitiser. 3. All players to bring own water bottle- labelled (plus snack if needed/wanted). Water bottles not to be shared.

		<ol style="list-style-type: none"> 4. No food will be on sale. Children to bring own snacks if wanted. 5. Litter to be taken home by child/parent/carer. 6. No face to face fundraising, eg. football cards/raffles
Toilet Facilities	<ol style="list-style-type: none"> 1. What are the toilet facilities at the location? 2. If there are no facilities, how will this be managed? 	<ol style="list-style-type: none"> 1. No toilet facilities. 2. Attendees must be encouraged to use toilet facilities prior to attending and where possible go home and use on completion. 3. Urinating in public should be actively discouraged.
Symptomatic / Vulnerable / High Risk / Shielding	<ol style="list-style-type: none"> 1. What are the arrangements for anyone who is symptomatic, vulnerable, high risk or shielding? 	<ol style="list-style-type: none"> 1. Anyone who is symptomatic or in the same household of someone who is, MUST NOT attend the session. 2. The Coach must have confirmation with everyone attending (players and parent/carers) prior to attendance on TeamApp that they have self-screened and are OK. 3. It is ultimately the decision of the parent/carer of anyone who is vulnerable, high risk or shielding, whether they participate, based on personal circumstances.
Working with people with impairments	<ol style="list-style-type: none"> 1. How will working with people with impairments be managed? 	<ol style="list-style-type: none"> 1. If working with people with impairments, then the coach must ensure that they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. 2. A separate risk assessment MUST be completed with the consultation of the coach or welfare officer and the parent / carer to ensure that government guidance relevant to the impairment or health condition is followed. This is to manage risk to everyone attending.
Emergency Procedures / First Aid	<ol style="list-style-type: none"> 1. How will Emergency and First Aid be administered, and by whom? 2. What First Aid equipment will be available? 	<ol style="list-style-type: none"> 1. Administering of First Aid should be by self or parent/carer, with strict supervision and under instruction of the qualified first aider, therefore the parent/carer must always be available during the session to administer first aid. 3. If the coach is the qualified first aider, then whilst first aid is being administered, all activities must cease and the other attendees must remain in their 'safe boxes' or return to parent/carer maintaining minimum 2m distance at all times. 4. In case of emergency first aid, if this cannot be done by the parent/carer then the qualified first aider may intervene and wear a face mask and protective gloves where appropriate. 5. The qualified first aider must have an in date first aid box or have quick and easy access to one. 6. The first aid box must be in line with current guidelines and include face masks and gloves. 7. Parents to ensure their child has any necessary medication (e.g. inhaler) and sunscreen with them and labelled clearly.
Changes and Updates	<ol style="list-style-type: none"> 1. Have latest policy and guidelines and any updates been communicated to all attendees? 	<ol style="list-style-type: none"> 1. Prior to attendance, every parent/carer of attendees must have access to this risk assessment and confirmed they have by agreeing to it on TeamApp or Email (If child not registered). 2. The Training guidance and risk assessment will be published on TeamApp and emailed to the parent/carer of those not registered. 3. Any changes will be communicated to parents through TeamApp.

Responsibility for this risk assessment	1. Who is responsible for enforcing and administering this risk assessment?	<ol style="list-style-type: none"> 1. The coach is responsible for ensuring this risk assessment is complied with by all attending, therefore is the Covid-19 officer for their team. 2. This risk assessment is the minimum requirement of the club, therefore if the coach identifies any risks not covered by this risk assessment, they must produce their own risk assessment as an addition and advise the club committee so they can update and amend this assessment. 3. The risk assessment must be checked for every session.
Compliance	<ol style="list-style-type: none"> 1. What happens if there are any breaches of this risk assessment. 2. When will this risk assessment be reviewed? 	<ol style="list-style-type: none"> 1. Spot checks may be done by the Council, County FA, Club Welfare Officer or Club Officials to offer advice and identify any issues. 2. Any breaches of the guidelines must be reported to the club Welfare Officer or a Committee member as soon as possible and if appropriate, discipline action may be taken for repeated or serious breaches. 3. This Risk Assessment will be reviewed on the 12th April 2021 – if government guidance allows , or, when FA guidelines change, or when circumstances dictate, whichever occurs first.

Sign Off: Ray Haywood (Chairman/Covid 19 Officer on behalf of the Committee charnockridgewayfcwelfare@gmail.com)

Management and coaches should work together to ensure that all areas on the risk assessment are adhered to whilst social distancing principles are applied throughout the activity.

Manager/Coach must print off this risk assessment and the training guidance then keep with their first aid kit.

The list of attendees will be on TeamApp through using 'Schedule' to set dates of Trainings and Matches – by the parent/carer stating yes to attending they are agreeing to having read the Risk Assessment and Training Guidance.